

γ -Tocopherol is Less Effective than α -tocopherol in Preventing Oxidant-induced Sister Chromatid Exchanges in Chinese Hamster V79 Cells

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Although α -tocopherol (α -TOC) is the most biologically active form of vitamin E and is found at high levels in plasma, γ -tocopherol (γ -TOC) has also been found to be a powerful antioxidant *in vitro* and constitutes up to 70% of the dietary intake of TOC. Low plasma levels of γ -TOC and a high α -TOC: γ -TOC ratio may be associated with coronary heart disease, suggesting that there may be a positive protective role for the γ -form of TOC. In this study the ability of different forms of vitamin E to protect against sister chromatid exchanges (SCE) induced by either hydrogen peroxide or menadione was investigated. Chinese hamster V79 cells were pre-treated with 10 μ M TOC for 24 h, and then challenged with a genotoxin. After a 24 h pre-treatment, there was a greater incorporation of γ -TOC (319.8 ± 66.2 ng/ 10^6 cells) into V79 cells compared to α -TOC (66.9 ± 6.4 ng/ 10^6 cells). γ -TOC did not protect the cells against SCE induced by either hydrogen peroxide or menadione, α -TOC acetate was partially protective against both genotoxins, whereas α -TOC completely abolished the oxidant induced SCE. These results demonstrate that, despite a greater incorporation of γ -TOC into V79

cells, α -TOC but not γ -TOC was more effective at inhibiting oxidatively-induced SCE in V79 cells.

Keywords: Sister chromatid exchange; Tocopherol; Menadione; Hydrogen peroxide

Abbreviations: TOC, tocopherol; TOCA, tocopherol acetate; SCE, sister chromatid exchange(s); LDL, low density lipoprotein; NO₂, nitrogen dioxide

INTRODUCTION

Reactive oxygen species (ROS) are by-products of normal, essential cellular metabolism.^[1] ROS that escape the numerous antioxidant defence mechanisms within the cell can cause oxidative damage to cellular macromolecules. Oxidative damage resulting from ROS attack has been

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linked to the development of a variety of human diseases including cardiovascular disease and certain cancers. ROS attack on DNA produces a number of different lesions, including strand breaks and damage to the bases and sugar residues. This damage may result in the formation of chromosomal aberrations,^[2,3] and sister chromatid exchanges (SCE).^[4-7]

In the present study we examined the ability of vitamin E to protect against oxidatively induced SCE in Chinese hamster V79 cells. Vitamin E is a generic term describing a family of naturally occurring compounds, found mainly in vegetable oils,^[8] which exhibit the biological activity of α -tocopherol (α -TOC). Vitamin E is the major lipid-soluble antioxidant in the cell membrane and has membrane stabilizing properties. These effects together with non-antioxidant properties, act to protect the cell against damage cause by ROS.^[9] Although α -TOC is the most biologically active form of vitamin E and is the major form of vitamin E detected in plasma, γ -tocopherol (γ -TOC) has also been found to be a powerful antioxidant *in vitro* and constitutes up to 70% of the dietary intake of TOCs in the United States.^[10-12]

To date, the chemoprotective and anti-atherogenic properties of α -TOC have been most extensively studied. However it has been reported that low plasma levels of γ -TOC and a high α -TOC: γ -TOC ratio may be associated with increased risk of coronary heart disease.^[13] Elmfaada and Park^[14] compared a diet rich in sunflower/olive oils, which contain higher levels of α -TOC, to a diet rich in corn oil, containing high levels of γ -TOC. They found that the corn oil-rich diet was much more effective at reducing baseline levels of DNA damage, as measured by the SCE assay, in the lymphocytes of young men. Furthermore, recent reports have found that the concentration of both α -TOC and γ -TOC may be important for the subsequent development of prostate cancer.^[15] These studies suggest there may be a protective role for the γ -form of vitamin E in the body.

The oxidants chosen for this study were hydrogen peroxide (H_2O_2) and menadione (K_3). H_2O_2 can easily penetrate cell membranes and is diffusible both inter- and intra-cellularly. H_2O_2 can generate the hydroxyl radical ($\cdot OH$), which can attack DNA and is thought to be responsible for the ability of H_2O_2 to induce SCE *in vitro*. Menadione, a synthetic vitamin K derivative, is a redox cycling compound that causes an increase in intracellular superoxide (O_2^-) by monovalent reduction of molecular oxygen. The action of menadione results in DNA strand breakage and eventual cell death.^[7,16-20]

In the present study we report a greater incorporation of γ -TOC into V79 cells, however α -TOC but not γ -TOC was more effective at inhibiting oxidatively induced SCE in V79 cells.

MATERIALS AND METHODS

Materials

All chemical and cell culture materials were obtained from Sigma-Aldrich Ireland Ltd (Dublin, ROI) unless otherwise indicated. DPX mountant, giemsa and colcemid were supplied by Boehringer Mannheim UK (East Sussex, England). Gurr's buffer tablets were purchased from Life Technologies (Paisley, Scotland). Cell culture plastics were obtained from Costar (Cambridge, MA). All solvents used were high performance liquid chromatography grade. H_2O_2 supplied as a 30% (w/w) solution was prepared in ice-cold phosphate buffered saline (PBS) immediately prior to use. A stock solution of menadione was prepared in dimethyl sulphoxide (DMSO) and stored at $-20^\circ C$. TOCs were dissolved in ethanol for delivery to the cells. The final concentration of solvents in the cultures did not exceed 0.5% (v/v) for DMSO or 0.1% (v/v) for ethanol. These solvent concentrations were found to have no effect on either cell viability or SCE induction.

Cell Line Maintenance

Chinese hamster lung V79 cells were obtained from the European Collection of Animal Cell Cultures (Wiltshire, UK). Cells were maintained in Dulbecco's Modified Eagle's Medium (DMEM) supplemented with 10% (v/v) foetal calf serum (FCS), and 2 mM L-glutamine. Cells were grown in a humidified incubator in an atmosphere of 5% CO₂, 95% air at 37°C and passaged every 8–10 days. The cells were grown in the absence of antibiotics and were screened for mycoplasma using a Hoechst staining method.^[21] Exponentially growing cells were used throughout this study.

Cell Treatments

Cells were seeded at a density of 2×10^4 cells/cm² in either six well plates or 10 cm petri dishes and incubated for 18 h prior to treatment (37°C/5% CO₂). After this time, the media was removed and replaced with DMEM supplemented with 2.5% FCS containing either α -TOC, α -tocopherol acetate (α -TOCA), γ -TOC or no form of TOC. The final concentration in growth media of these compounds was 10 μ M. The samples were incubated for a further 24 h. After washing twice with PBS, cells were then incubated for 1 h (37°C/5% CO₂) in serum-free DMEM containing either H₂O₂ (100 μ M), menadione (10 μ M) or no added genotoxin. Following incubation, the genotoxin was removed by washing the cells twice with PBS. The cells were then cultured for a further 30 h in DMEM supplemented with 5% FCS. Control samples not treated with either genotoxin or antioxidant were incubated with the equivalent volume of carrier vehicle.

Neutral Red Assay

Cytotoxicity was assessed by the neutral red uptake assay as previously described^[22] and cell

viability was expressed as a percentage of the control samples. Preliminary experiments were carried out to determine the concentrations of H₂O₂, menadione and TOCs to be used. Concentrations were chosen such that cell viability did not fall below 90% for any of the treatments.

Sister Chromatid Exchange (SCE) Assay

The SCE assay was carried out as previously described.^[23] Briefly, after removal of genotoxin, cells were washed twice in PBS and incubated with DMEM supplemented with 5% FCS and bromodeoxyuridine (8 μ g/ml). Samples were wrapped in foil and incubated for 30 h (37°C/5% CO₂). For the final 3 h of this incubation colcemid (30 ng/ml) was added to the cultures to arrest the cells in metaphase. Cells were collected by gentle scraping, harvested by centrifugation (200 g) and hypotonically shocked with 0.075 M potassium chloride (10 min, 37°C). The cells were fixed three times in freshly prepared ice-cold Carnoy's fixative (Methanol:Acetic Acid, 3:1). Chromosome spreads were prepared by the air drying method.

Visualisation of SCE

Chromosome spreads were treated with (5 μ g/ml) Hoechst 33258 in PBS for 30 min in the dark. Slides were rinsed and mounted in dilute PBS before being exposed to UV light (366 nm, 2.5 h, 10 cm distance from light source). Following light exposure, slides were rinsed and stained with 3% (v/v) giemsa in Gurr's buffer (30 min). Mitotic index was determined by counting 1000 cells and expressing the number of mitoses as a percentage of the total number of nuclei. Replicative index was evaluated by determining the number of first (M1), second (M2) and third (M3) mitotic divisions in 100 randomly

selected mitoses. The replicative index was calculated according to the formula:

$$\frac{M1 + 2(M2) + 3(M3)}{100}$$

The frequency of SCE was determined from 25 well spread second cycle metaphases and expressed as the number of SCE/chromosome.

HPLC Analysis

The TOC content of the cells was measured according to the method of Burton *et al.*^[24] Approximately 7–8 million cells/sample were required for HPLC analysis. Briefly, cells were incubated with either α -TOC or γ -TOC (10 μ M, 24 h). Samples were thoroughly washed with PBS, and harvested by trypsinisation. α -TOCA was used as an internal standard for measuring TOC content.^[25] Methanol, containing 100 μ M internal standard and 0.05% butylated hydroxytoluene (BHT), was added to the cell pellets which were vortexed vigorously. The samples were then extracted three times in hexane, and the hexane fractions pooled and dried under a gentle stream of nitrogen. The extracts were reconstituted in dichloromethane: acetonitrile: methanol (1:7:2) and analysed by HPLC.^[26] Samples (50 μ l) were injected onto a temperature controlled (25°C) reverse phase HPLC system (Shimadzu, model SCL-10A). The column system included Spherisorb ODS-2 guard cartridges in line with two Spherisorb ODS-2 150 \times 4.5 mm C18 columns (Alltech, Lancashire, UK). Samples were eluted using a mobile phase of acetonitrile: methanol: dichloromethane (15:4:1) containing 10 mM ammonium acetate, 4.5 mM BHT and 3.6 mM triethylamine at 1.5 ml/min. Peaks were detected using a Shimadzu SPD-10AV UV-visible detector. Retinol was detected at 292 nm and the TOCs were detected at 325 nm. Data were collected and analysed using Millennium Chromatography Manager data collection software (Waters Corporation, Milford, MA).

Statistical Analysis

Where appropriate, data were analysed using one way analysis of variance (ANOVA) followed by Dunnett's test or students t-test.

RESULTS

Tocopherol Content of V79 Cells

The TOC content of V79 cells following 24 h supplementation with either α -TOC or γ -TOC was determined by HPLC. There was a significant enrichment of cell-associated TOC prior to treatment with the genotoxins. The α -TOC content increased by approximately 11 fold, and γ -TOC content increased by approximately 30 fold following supplementation, indicating a preferential uptake of γ -TOC by V79 cells. Supplementation of the growth media with α -TOC did not affect the baseline level of γ -TOC detected in the cells, and vice-versa (Table I). There was no effect on cell retinal content following supplementation with TOCs (data not shown).

Effect of Treatments on Mitotic Index and Replicative Index

The mitotic index was not affected by any of the treatment used in this study (Table IIa). Addition of α -TOC, but not α -TOCA or γ -TOC to the growth medium significantly increased the replicative index of V79 cells (Table IIb, $P > 0.01$). In contrast, both H_2O_2 (100 μ M) and menadione

TABLE I TOC Content of V79 Cells. (Experiments were carried out as previously described in the materials and methods section. Results are the mean values \pm SD for four monolayers obtained from two independent experiments)

Treatment	Content in 10^6 V79 cells (ng)	
	α -TOC	γ -TOC
Control	6.86 \pm 0.56	9.07 \pm 2.75
α -TOC	66.94 \pm 6.39	11.33 \pm 3.33
γ -TOC	5.18 \pm 1.16	319.84 \pm 66.15

TABLE II Effect of TOCs on Mitotic and replicative index. (Experiments were carried out as previously described in the materials and methods section. Results are the mean value ±SE from 8/10 monolayers obtained from three independent experiments)

Treatment	α-TOC	α-TOCA	γ-TOC
(a) Mitoses/1000 Nuclei (%)			
Control	3.96 ± 0.03	4.12 ± 0.06	4.14 ± 0.07
Antioxidant	4.08 ± 0.05	4.03 ± 0.06	4.06 ± 0.09
H ₂ O ₂	4.12 ± 0.08	4.21 ± 0.08	4.35 ± 0.07
Menadione	4.11 ± 0.07	4.09 ± 0.05	3.98 ± 0.08
Antioxidant and H ₂ O ₂	4.08 ± 0.04	4.08 ± 0.07	4.25 ± 0.09
Antioxidant and Menadione	4.16 ± 0.06	4.19 ± 0.08	4.09 ± 0.09
(b) Replicative Index/100 Nuclei (%)			
Control	1.94 ± 0.02	1.98 ± 0.01	1.97 ± 0.02
Antioxidant	2.00 ± 0.01*	2.01 ± 0.01	1.99 ± 0.02
H ₂ O ₂	1.78 ± 0.01*,†	1.83 ± 0.01*,†	1.77 ± 0.02*,†
Menadione	1.87 ± 0.01*,‡	1.89 ± 0.02*	1.86 ± 0.03*,‡
Antioxidant and H ₂ O ₂	1.97 ± 0.01†	1.93 ± 0.01†	1.98 ± 0.01†
Antioxidant and Menadione	1.91 ± 0.01‡	1.94 ± 0.01	1.96 ± 0.02‡

*Significantly different from control ($P < 0.01$).
 †Significantly different from each other ($P < 0.01$).
 ‡Significantly different from each other ($P < 0.05$).

(10 μM) significantly decreased the replicative index of the cells ($P < 0.01$). This genotoxin-induced decrease in proliferation was prevented by the addition of the TOCs in all cases (Table IIb). None of the vitamins or genotoxins were cytotoxic at the concentrations used in the experiments as measured by the neutral red uptake assay (Table III).

Effect of Treatments of SCE Frequency

The addition of either TOCs or solvents to the growth medium did not affect the background

frequency of SCE. In both cases, treatment with either menadione (10 μM) or H₂O₂ (100 μM) significantly increased the number of SCE by approximately 2 fold with respect to the control samples. Treatment with α-TOC (10 μM) for 24 h prior to addition of H₂O₂ completely abolished the increase in SCE induced by this oxidant. However, although menadione-induced SCE were substantially reduced by the addition of TOC, there was still a significantly greater frequency of SCE present compared to the control samples (Table IV).

Addition of α-TOCA (10 μM) to the growth medium 24 h prior to the addition of the oxidants

TABLE III Cytotoxicity as determined by the neutral red uptake assay. (Experiments were carried out as previously described in the materials and methods section. Results were expressed as a percentage of the solvent control and are the mean values ±SD from four monolayers obtained from two independent experiments)

Treatment	Viable Cells (%)		
	α-TOC	α-TOCA	γ-TOC
Antioxidant	99.2 ± 1.3	100.4 ± 0.2	103.9 ± 0.6
H ₂ O ₂	97.7 ± 0.2	98.8 ± 0.9	103.5 ± 0.4
Menadione	97.7 ± 0.1	99.2 ± 0.5	103.7 ± 0.3
Antioxidant and H ₂ O ₂	99.6 ± 2.3	97.7 ± 3.1	103.7 ± 0.1
Antioxidant and Menadione	98.8 ± 1.3	100.4 ± 0.3	103.5 ± 0.2

TABLE IV Effect of TOCs on SCE. (Experiments were carried out as previously described in the materials and methods section. Results are the mean values \pm SE from 8/10 monolayers obtained from three independent experiments.)

Treatment	SCE/chromosome		
	α -TOC	α -TOCA	γ -TOC
Control	0.244 \pm 0.003 ^{†,‡}	0.249 \pm 0.004 ^{†,‡}	0.227 \pm 0.005 ^{†,‡}
Antioxidant	0.228 \pm 0.003 ^{†,‡}	0.241 \pm 0.003 ^{†,‡}	0.233 \pm 0.006 ^{†,‡}
H ₂ O ₂	0.491 \pm 0.011*	0.505 \pm 0.009*	0.481 \pm 0.006*
Menadione	0.487 \pm 0.004*	0.485 \pm 0.006*	0.495 \pm 0.007*
Antioxidant and H ₂ O ₂	0.252 \pm 0.003 [†]	0.362 \pm 0.010 [†]	0.435 \pm 0.006 [†]
Antioxidant and Menadione	0.279 \pm 0.007 ^{†,‡}	0.387 \pm 0.006 ^{†,‡}	0.481 \pm 0.006*

*Significantly different from control ($p > 0.01$).

[†]Significantly different from H₂O₂ treatment ($p < 0.01$).

[‡]Significantly different from menadione treatment ($p < 0.01$).

reduced the extent of H₂O₂-induced SCE by approximately 30%, and menadione-induced SCE by approximately 20% (Table IV). Despite the fact that γ -TOC (10 μ M) was apparently taken up efficiently by the V79 cells, pre-treatment of cultures with this compound did not result in any decrease in oxidant-induced SCE frequency (Table IV).

DISCUSSION

The SCE assay is a sensitive indicator of genotoxicity^[23] and involves the exchange of DNA between two homologous sister chromatids. α -TOC has been shown to reduce the frequency of SCEs induced by various genotoxins in a number of different *in vitro* cell models. α -TOC reduced cyclophosphamide and Trp-2-P induces SCEs in human lymphocytes, and was also effective at reducing oxygen radical induced SCEs in Chinese hamster ovary cells.^[6,27,28]

Treatment of V79 cells with α -TOC prevented H₂O₂- and menadione-induced SCE. α -TOCA also protected the cells against oxidant-induced SCE, but not as effectively as α -TOC. Despite the increased uptake of γ -TOC into the cells, this compound was the least protective of the three compounds, having no effect against menadione-induced SCE and only a very slight effect against

H₂O₂-induced SCE. Both α -TOCA and γ -TOC are known to have less antioxidant activity than α -TOC under certain conditions; the former due to esterification of the -OH group at position 6, and the latter as a result of the smaller number of methyl groups on the chromanol ring.^[16] As α -TOCA caused some reduction of oxidant-induced SCE, it is possible that this protection resulted from a non-antioxidant mechanism.^[9]

In iron loaded rats, γ -TOC was shown to have 30–40% of the antioxidant activity of α -TOC^[29] indicating that it was a more effective antioxidant *in vivo* than previously thought. More recently, a study has shown that a diet rich in corn oil resulting in increased plasma levels of γ -TOC reduced the baseline levels of SCE in healthy young men to a greater extent than a diet that increased levels of plasma α -TOC.^[14] γ -TOC has been shown to be efficient at removing reactive nitrogen species^[10,11], and preventing NO₂-induced DNA strand breaks in V79 cells.^[30] However, Takahashi *et al.*^[31] have demonstrated that γ -TOC was less effective than α -TOC in preventing hyperoxia-induced cell death. γ -TOC was also less effective at preventing oxidized LDL-induced apoptosis in human smooth muscle cells.^[32] γ -TOC incorporates in cultured cells to a greater extent than α -TOC, however it also disappears more quickly than α -TOC.^[12] Our results demonstrate that despite its preferential uptake, γ -TOC is much less effective than

either α -TOC or α -TOCA at preventing ROS-induced SCE in cultured cells.

In conclusion, γ -TOC may be a more effective antioxidant under physiological conditions than in cultured cells, and may be more protective against RNS than ROS. The behaviour of γ -TOC and α -TOC in cell membranes is influenced by their orientation within the membrane, their relative ratios and their interaction with co-antioxidant molecules. In addition, conditions *in vitro* are very different from those found in the body with regard to, for example, oxygen concentration. Clearly more research is required to define the actions of TOCs at the molecular level before their *in vivo* actions can be fully explained.

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